Wear a hat, sunglasses, and clothing that covers your skin!

Watch out for surfaces that reflect UV Rays.

The sun can be reflected
100% from water
80% from snow
25% from concrete
25% from sand

THE INTERDISCIPLINARY MELANOMA CLINIC

Dartmouth-Hitchcock
NORRIS COTTON CANCER CENTER
cancer.dartmouth.edu/melanoma

Dartmouth-Hitchcock MEDICAL CENTER

For an annual skin check with a dermatologist, call (603) 650-3100.