



## Bargain Shopper

### Estimated Time

45 minutes

*Students may also spend some time doing research as homework*

### Supplies

Newspaper sales flyers

Catalogs

Computer with Internet access

### Learning Objective

The objective of this activity is to help students understand the variety of ways they can protect themselves from the sun's harmful UV rays. After completing this activity, students should understand that using sunscreen, hats, and sunglasses are examples of SunWise behavior. Assess whether the students understand that they must protect themselves from the sun's harmful UV rays by asking them to draw a diagram depicting their preparation for their next visit to the park or beach. Look for the gathering of sun safety gear as a key preparation element.

### Directions

Instruct students to develop lists of items used to protect against the sun's harmful UV rays. For example: sunscreen, sunglasses, long sleeve shirts, umbrellas, etc. Have the students "go shopping" for these items by looking up prices in advertisements, on the Internet, or at home. They should then develop a list of prices for each item. The list may duplicate some items (e.g., one cost for Brand X sunscreen and another for Brand Y).

Tell the students that they have \$50 with which to purchase protective items for a day at the beach, a ski trip, or any type of outing. They should figure out how to maximize their budget while still buying all the necessary items. Students can include "free" items, such as "staying indoors" or "eating lunch in the shade" in their budget.

Ask the students to share their lists with the class and see who was able to buy the most for \$50.



## Bargain Shopper

### Directions

Make a list of items you might purchase to use as protection against the sun's harmful UV rays.

Now "go shopping" for these items. Look for them in magazine or newspaper ads, catalogs, or on the Internet. Check whether you have some of the products at home-they may still have a price tag. Develop a list that compares the prices for different items and brands.

Imagine that you have \$50 to spend on your protective items. Describe how you will use that money to buy sun safe items. Keep in mind that some sun safe items may be free.

Share your list with the class and see who was able to buy the most for \$50.

Items	Cost
	<b>\$50.00</b>