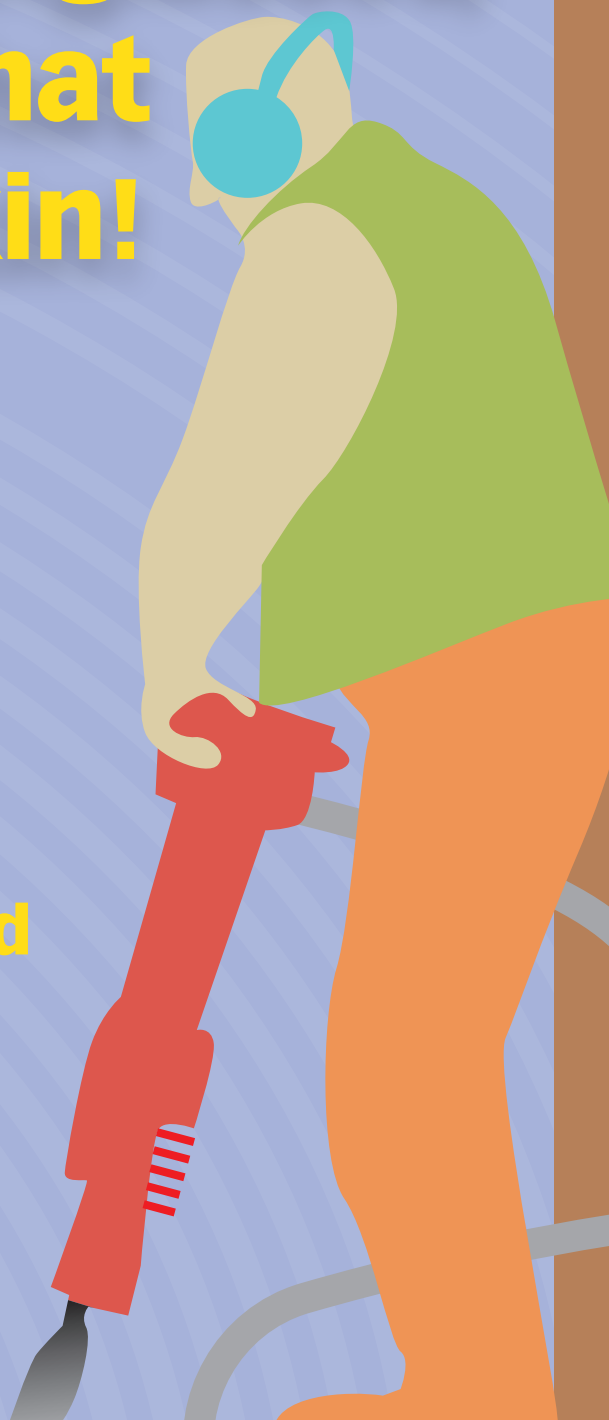


**Wear a hat, sunglasses,  
and clothing that  
covers your skin!**

**Watch out for  
surfaces that  
reflect UV Rays.**

**The sun can be reflected**  
100% from water  
80% from snow  
25% from concrete  
25% from sand



**THE INTERDISCIPLINARY MELANOMA CLINIC**



Dartmouth-Hitchcock  
**NORRIS COTTON  
CANCER CENTER**

[cancer.dartmouth.edu/melanoma](http://cancer.dartmouth.edu/melanoma)



Dartmouth-Hitchcock  
**MEDICAL CENTER**

**For an annual skin check with a dermatologist, call (603) 650-3100.**