

Protect Your Skin

“But I don't burn,
I tan”

- Tanned skin is **NOT** healthy skin (not even a vacation tan)
- Tans, sunburns, and freckles are all signs of skin damage

Check your skin regularly for any changes.

Concerned about your skin? Talk to a doctor.

THE INTERDISCIPLINARY MELANOMA CLINIC



Dartmouth-Hitchcock
NORRIS COTTON
CANCER CENTER

cancer.dartmouth.edu/melanoma



Dartmouth-Hitchcock
MEDICAL CENTER

For an annual skin check with a dermatologist, call (603) 650-3100.