

# Wear Sunglasses

## Protect your vision:

UV rays hurt eyes, too.

You can protect your vision  
by wearing:

- Sunglasses that block UV rays
- A hat



**Concerned  
about your eyes?  
Talk to a doctor.**

The sun can damage your eyes  
and increase your chances of  
getting cataracts.

## THE INTERDISCIPLINARY MELANOMA CLINIC



Dartmouth-Hitchcock  
NORRIS COTTON  
CANCER CENTER

[cancer.dartmouth.edu/melanoma](http://cancer.dartmouth.edu/melanoma)



Dartmouth-Hitchcock  
MEDICAL CENTER

For an annual skin check with a dermatologist, call (603) 650-3100.