

# Real Men Use Sunscreen

## Sunscreen for MEN

Pick sunscreen with:

- the words *Non-Greasy* on the label
- No fragrance *guaranteed not to be smelly*
- SPF 15  
*Re-apply every 2 hours*
- Sweat-proof

Keep Sunscreen Handy –  
throw it in your truck  
or bag



### THE INTERDISCIPLINARY MELANOMA CLINIC



For an annual skin check with a dermatologist, call (603) 650-3100.