

These short questions can help you start the conversation with your physician today:

Yes No

Are you between 50 and 77 years old?

Have you smoked in the last 15 years?

If you answered YES to the questions above, you may be entitled to a Lung Health Check. Just answer these last questions:

For about how many years did you smoke (or have you smoked)?

About how many cigarettes per day?

 Tips
1 pack = 20 cigarettes

1 oz loose rolled tobacco = 50 cigarettes

Consult with your health care provider if you were a regular user of other forms of tobacco.

Share this page with your health care provider to see if you qualify for a Lung Health Check



Don't Forget

If you qualify, you can have a Lung Health Check even if you may not be ready to stop smoking.

Most insurance companies cover the Lung Health Check.

If you need payment assistance:
<https://go.d-h.org/fa-info>



Need Help?

The best way to protect your lung health is to stop smoking. Talk to your doctor and for more help:

 603-650-8537
 <https://go.d-h.org/help2quit>



Questions?

Contact the Lung Health and Pulmonary Nodule Clinic:

 866-966-1601
 <https://go.d-h.org/lung-health>
 One Medical Center Drive
Lebanon, NH 03756

Lung Health and Pulmonary Nodule Clinic

The Lung Health and Pulmonary Nodule Clinic at Dartmouth Health was established specifically to better serve our rural New England population by providing potentially life-saving screening and health programs.

We can help you with:



Scheduling a Lung Health Check



Connecting to the tobacco treatment program

For more information:

<https://go.d-h.org/lung-health>



Dartmouth Health

Should you or your loved one consider a Lung Health Check?



A simple 15 minute test could add years to your life or theirs

Start the Conversation about your Lung Health

Lung Health and Pulmonary Nodule Clinic at Dartmouth Health

<https://go.d-h.org/lung-health>

Early screening protects your health

The Dartmouth Lung Health & Pulmonary Nodule Clinic is here to partner with your doctor to protect your health and those of your loved ones by regularly screening for lung cancer.

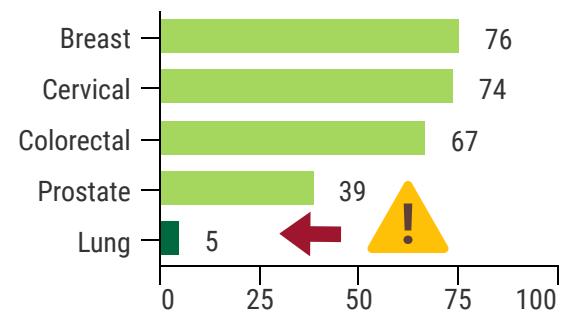
The cure rate for lung cancer detected in early stages is more than **80%**.

Most eligible patients are not tested

While the benefits of early screening are well known, most people **eligible for and entitled to annual** Lung Health Testing are **NOT** tested.

The rates of screening are much lower than for other types of cancer.

Patients screened who qualify for testing (by cancer type)



Source: NIH Cancer Trends Progress Report (2019)



Lung Health Test Facts

Dr. Rian Hasson of Dartmouth Health with a patient



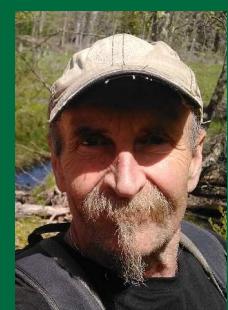
Start the conversation about your lung health

The other side of this flap has a few short questions to help you start the conversation with your health care provider about whether a **Lung Health Test** is right for you.



The 15 minute test is quick and easy

- Low-dose CT scan takes detailed pictures of your lungs
- Painless with no needles or dyes
- Your head, arms, and feet stay outside the machine



“The test was fast and easy, but best of all I started treatment early and have many more years with my family.”

Tom Bird
D-H Lung Cancer Survivor

Who should be tested?

Anyone with a history of smoking or tobacco use should consider a yearly **Lung Health Test**.

If someone you know has a history of smoking or tobacco use, let them know about the **Lung Health Test**. This painless, 15-minute test could add years to their life.

Is it covered by insurance?

Most insurance companies pay for testing for those who qualify.

If you are **between the ages of 50-77** and have ever smoked or used tobacco products, you may be entitled to a Lung Health Test.

Fill out the short questions on the other side of this flap to see if you qualify.