

#### I am interested! How can I learn more?

For information about clinical trials at Dartmouth Cancer Center

- Talk to your cancer doctor.
- Review our current trials: go.d-h.org/DartmouthCancerClinicalTrials
- Speak with our Research Nurses during normal business hours by calling 603-650-4453 or by emailing AskClinicalTrials@hitchcock.org.

### Dartmouth Cancer Center





Dartmouth-Health.org

# Dartmouth Cancer Center

Dartmouth Health



# Clinical Trials at Dartmouth Cancer Center

Is one right for you?



#### What are clinical trials?

Clinical trials find new ways to prevent, find, and treat diseases such as cancer. Trials seek new treatments or tests that might safely work for patients with cancer. Previous clinical trials have led to 'standard treatments' that patients with cancer currently receive.

#### Where can I access clinical trials?

Dartmouth Cancer Center has many clinical trials open at our Lebanon, NH and St. Johnsbury, VT locations. Additional sites such as Manchester, NH and Nashua, NH may also have offerings.

## What are some of the benefits of clinical trials?

The benefits of clinical trials may include:

- Discovering better treatments or tests.
- Finding a cure.
- Giving patients early access to new treatments or tests.
- Allowing patients to find out earlier if they have a disease, such as cancer.

# What are some of the risks of clinical trials?

- Trials sometimes require more visits, treatments, tests and scans.
- Patients may not choose which treatment they receive.
- New treatments and tests may not work for all patients.
- Patients may not receive their results.
- Patients may have uncomfortable or unknown side effects.

#### Who can take part?

Each clinical trial has its own requirements for who can take part. Some trials need people with a certain type of cancer or health history.

Talk with your cancer doctor to find out if you qualify for a clinical trial. Even if there isn't a trial for you now, there may be one in the future.

#### Who pays?

You and your insurance company do not generally need to pay for services that are not related to safety or that are performed only for the clinical trial.

You or your insurance company will be charged for services that are part of your regular cancer care or for certain safety-related tests. Many of these same services occur even if you are not taking part in a clinical trial.

Please ask your clinical trial team for more information about which services will be billed.

#### **Financial Counselor**

A financial counselor is available to:

- Explain your insurance benefits
- Explain standard of care charges
- Help navigate through your financial barriers

Please contact DCC Financial Counselor **CTFinancial@hitchcock.org** for more information.

#### How are you protected?

If you choose to take part in a clinical trial, your regular cancer care stays the same. Your Dartmouth Cancer Center care team will continue providing you with high quality care.

All clinical trials at Dartmouth Cancer Center follow strict ethical and scientific guidelines. All our clinical trials have safeguards in place to protect you.

## If you decide to enroll in a clinical trial, what happens next?

Clinical trials require informed consent, showing that you understand and agree to be in the trial. Informed consent is a process in which a cancer doctor or research nurse will:

- Explain the trial's purpose, length, tests and procedures.
- Describe how the trial will use and store your data.
- Discuss the known risks and benefits of the trial.
- Present other treatments you may choose.

Please ask many questions during the informed consent process.

#### What are early phase clinical trials?

Treatments progress through trial phases before they become standard treatments. 'Early phase' clinical trials include the first two phases.

- Phase I trials test how safe a new treatment is.
- **Phase II** trials test how well, or if, a treatment works.

Dartmouth Cancer Center has an Early Phase Clinical Trials program focused on bringing these important clinical trials to our patients.

If treatments show promise during these early phases, then they go through more phases before becoming part of standard treatment.

#### **Remember:**

Whether you decide to take part in a clinical trial is completely up to you. You can choose to leave a clinical trial at any time. If you are getting a clinical trial treatment, your study doctor can help you leave the trial safely.