

Questions for Talking with Your Healthcare Provider about Colorectal Cancer Screening

Bring these questions to your next healthcare appointment. These questions can help you talk with your healthcare provider about colorectal cancer screening. These questions come from the U.S. Centers for Disease Control and Prevention (CDC).¹

1. Do I need to get a screening test for colorectal cancer?

- a. What screening test(s) do you recommend for me? Why?
- b. How do I prepare? Do I need to change my diet or my usual medication before taking the test?
- c. What's involved in the test? Will it be uncomfortable or painful?
- d. Is there any risk involved?
- e. When and from whom will I get results?

2. If you're having a colonoscopy or sigmoidoscopy, you will want to ask:

- a. Who will do the exam?
- b. Will I need someone with me?

¹ To view these questions online or for more information, visit:
<https://www.cdc.gov/colorectal-cancer/talking-to-doctor>